

New Virtual Stop Tobacco Group,
Evidence Based



LGBTQ+ NJ RESIDENTS

Looking For Help To Quit Tobacco/E-Cigarette Use?

WHERE: Your Device, Your Location

Using Teams

WHEN: Monday Evenings

**HOW: Call Inspira Quit Center
856-641-6024 (Tiffany) or
732-235-8223 (Donna) To Schedule
Required Assessment and Get More
Information**